



KENT COUNTY PARKS & RECREATION Fall 2011 Newsletter

We're on the Web!
www.KentParksandRec.org

KCPR

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**Weather
Cancellation Hotline**
410-810-3755

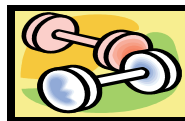
**If you are interested in
teaching morning or evening
fitness classes please call the
Parks and Recreation office as
soon as possible.**



Fall Into Fitness!

Toning with Brenda Rose (Access Card Required)

Ages: Teen - Adult
Dates: Ongoing Beginning September 8th
*No class on November 24th
Days: Tuesday (PM), Thursday (PM)
Saturday (AM)
Time: 5:30 pm - 6:30 pm,
8:45 am - 9:45 am,
Place: Community Center
Cost: \$6 per class or
\$38 per calendar month



*County employee, student, and senior discounts available per class

This class is designed to give a full body workout and improve muscle tone. Class format includes a segment using light hand weights to tone and strengthen major muscles and a segment for core strengthening. Students are given low and high impact options and the class is self-paced by individuals monitoring their own heart rate. Hand weights, body bars, and stability balls are available. Call 410-778-2083 or email info@KentParksAndRec.org for more information.

Ballroom Dance with Bill and Ruth Wilson (Access Card Required)

Ages: Teen - Adult
Dates: October 13th - December 8th
*No class on November 24th
Days: Thursday
Time: 6:30 pm - 8 pm: Beginner
8 pm - 9:30 pm: Intermediate
Place: Community Center
Cost: \$50 per couple
*County employee, student, and senior discounts available per class



American style ballroom dancing that is painless exercise and fun. Not just for the more mature adult, this class promises to interest even the youngest adult students. Dances include the Fox Trot, Eastern Swing, Waltz, Rumba, Cha Cha, Tango, and maybe even a Polka. Bring a group or just a pair. It promises to be exciting. Call 410-778-2083 or email info@KentParksAndRec.org for more information.

NEW! Come see the newest addition to our Multipurpose Room and incorporate our treadmill in your daily workout.

NEW! Zumba Kids with Bonnie Clark (Access Card Required)

Ages: 5 - 11
Dates: October 10th - November 16th
Days: Monday and Wednesday
Time: Little Stars (ages 5 - 7),
5:30 pm - 6:15 pm
Big Stars (ages 8 - 11),
6:30 pm - 7:30 pm
Place: Community Center
Cost: \$50 per person



Kids Zumba is a combination of fun and fitness that introduces the world of Latin and International rhythms to your child. This one hour class combines high energy, motivating music with easy to follow, kid-friendly moves and games. Kids Zumba creates a party like atmosphere that is so much fun kids forget they are working out! Kids are going to LOVE this FUN-tastic workout. Register for this six week session today! Call 410-778-2083 or email info@KentParksAndRec.org for more information.

NEW! Sports Agility and Endurance Camp with Eric Fitch

Ages: 6th, 7th, and 8th Grade Students
Dates: September 6th - October 11th
Day: Tuesday, (Rain Date Thursday)
Time: 3:30 pm - 5 pm
Place: Kent County Middle School
Cost: \$50 per person

Kent County Parks and Recreation is excited to offer a sports specific agility and endurance camp for middle school students. Previous sports experience is highly recommended. The camp will be held directly after school at Kent County Middle School's athletic field. Kent County native and ACE certified personal trainer, Eric Fitch, will utilize innovative drills in a fun and friendly environment to build your young athlete's physical foundation and team building skills. Through speed, agility, flexibility, resistance, resistance training, and body weight training, athletes will improve their speed, endurance, balance, coordination and strength, getting a jump start on their competition. Call 410-778-2083 or email info@KentParkAndRec.org for more information.

KCPR Sports Department

****A Facility Access Card is required for all patrons 10+ who are participating in or attending activities held at the Community Center****

Youth

Registration for the following:
September 1st - October 30th

Hoop Jam

Ages: 6 - 8
Dates: November 1st - January 26th
Days: Tuesdays and Thursdays
Time: 5:30 pm - 6:30 pm
Place: Garnett Elementary School
Cost: \$20 per player



Hoop Jam is designed to give boys and girls a solid foundation in the game of basketball while having fun and playing with their friends. This is a great program at an affordable price, so please come out and be a part of the fun!

Youth Basketball

Ages: 9 - 13
Dates: November 1st - Early March
Days: Girl's practices are Mondays and Wednesdays,
Boy's practices are Tuesdays and Thursdays,
Games are held on Fridays.
Place: Kent County Middle School, Rock Hall and Galena Elementary Schools, and some games at Community Center
Cost: \$40 per player

Basketball is one of the most popular and fastest growing sports in Kent County! Participants will have the opportunity to learn the game from great coaches while having fun playing with their friends.

Junior Wrestling

Ages: 1st - 8th Grades
Dates: November 1st - Early March
Days: Tuesdays and Thursdays
Time: 5:30 pm - 7 pm
Place: Community Center
Cost: \$40 per wrestler



Come be a part of a rich history of great wrestling in Kent County. The Junior Wrestling Program is a member of the Upper Chesapeake Wrestling League, giving young wrestlers the opportunity to compete against some of the best wrestlers in Maryland.

Indoor Batting Cage

For more information, call 410-810-5948 or email info@KentParksAndRec.org. Rentals are available. Half Gym rental and waiver for all participants will be required. Helmets available.

**Weather
Cancellation Hotline
410-810-3755**

Youth Continued...

Open Gym for Youth with Disabilities

Ages: 1st - 12th Grade Students
Dates: November 2nd - April 25th
Days: Wednesdays
Time: 5:30 pm - 7 pm
Place: Community Center
Cost: \$3 per participant per day or \$20 per participant for the season

Sports for Youth with Disabilities is an open gym program designed so children with any type of disability can participate in sports, particularly if their disability makes it difficult for them to join other main stream programs. The participants will learn basic skills and participate on an individual basis with a small group in a variety of sports. A parent or guardian is required to attend and may help or participate as needed.

Call 410-778-1957 or email info@KentParksAndRec.org for more information on sports programming.

Start Smart Sports

Ages: 3 - 5
Dates: November 7th - May 7th
Days: Mondays
Time: 5:30 pm - 6:30 pm
Place: Community Center
Cost: \$15 per player per sport or \$45 for all 4 sports



The Start Smart Sports development program is an exciting and innovative approach to helping children as young as three years old learn and develop basic motor skills - like throwing, catching, kicking and hitting - *with their parents!* This is a great way to help children learn skills and build confidence, as well as develop friendships and parental relationships. Each sport meets for 6 sessions over a 6 week period:

Soccer: Nov. 7th - Dec. 12th
Basketball: Jan. 9th - Feb. 13th
Baseball: Feb. 20th - March 26th
Football: Apr. 2nd - May 7th

Adult

These are adult programs.
Please do not bring children.

Adult Co-Ed Drop-In Basketball

Ages: 18 and up
Dates: November 7th - March 29th
Days: Mondays and Wednesdays
Time: 7:30 pm - 9 pm
Place: Kent County Middle School and Galena Elementary School
Cost: \$3 per player per night or \$20 per play for the season

Whether you lay up or slam dunk, get involved in our basketball program. It is sure to bring fast and fun hoop action!

Adult Continued...

Adult Co-Ed Drop-In Ping Pong

Ages: 16 and up
Dates: Ongoing
Days: Tuesdays and Fridays
Time: 9 am - 12 pm
Place: Community Center
Cost: \$3 per player per day or \$60 full year (closed some holidays)



Adult Co-Ed Drop-In Indoor Soccer

Ages: 18 and up
Dates: November 1st - April 24th
Days: Tuesdays
Time: 7:30 pm - 9:30 pm
Place: Community Center
Cost: \$3 per player per night or \$20 per player for the season

Looking for a fun way to keep in shape and keep your skills sharp through the winter months? Join us at the Community Center every Tuesday to play the fastest game on 2 feet!

Adult Co-Ed Drop-In Sports Medley

Ages: 18 and up
Dates: November 3rd - April 26th
Days: Thursdays
Time: 7:30 pm - 9:30 pm
Place: Community Center
Cost: \$3 per player per night or \$20 per player for the season

This is a great way to keep active through the winter months! Each month a new sport will be featured, Come out to play your favorite sport or come out to play them all. Participants will play traditional sports, such as football and volleyball, as well as learn new sports, such as futsal (an indoor version of soccer) and team handball (the second most popular sport in Europe).

Wiffle Ball: Nov. 3rd - Dec. 1st
Floor Hockey: Dec. 8th - Dec. 29th
Indoor Football: Jan. 5th - Jan. 26th
Volleyball: Feb. 2nd - Feb. 23rd
Futsal: Mar. 1st - Mar. 29th
Team Handball: Apr. 5th - Apr. 26th

Adult Co-Ed Indoor Tennis

Ages: 16 and up
Dates: November 2nd - April 25th
Days: Wednesday (PM) and Saturday (AM)
Times: 7:30 pm - 9:30 pm
8 am - 9 am
Place: Community Center
Cost: \$20 per hour for the court



A great indoor location to play tennis during the winter! Make your reservation at least one week in advance to secure your court time. Full payment due no later than two business days after availability confirmed (due at time of reservation if less than one week before court time). Rates are by the hour (singles and doubles).

**"I don't believe professional athletes should be role models. I believe parents should be role models..."
~Charles Barkley**

Youth Sport Leagues

The following organizations are independently governed. Please direct all questions or concerns to the league representative.

Kent County Shore Sticks Field Hockey

Ages: 3rd - 5th Grades (Junior)
6th - 8th Grades (Senior)
Dates: August - October
Days: Tuesday, Thursday/Friday
Saturday games
Cost: \$65 before August 1st;
\$75 after August 1st
Contact: Jeanne Yeager at 410-778-0554 or
email jyeager@mscfv.org



Pop Warner Football & Cheerleading

Ages: 5 - 15
Dates: August - November
Days: Weekday evening practices,
Saturday games
Cost: \$80
Contact: Art Ramirez at 443-480-2250 or
email ironhead316@hotmail.com



Kent Youth Soccer

Ages: 4 - 5 (Little Kickers)
6 - 7 (Co-Ed U8)
8 - 9 (U10)
10 - 11 (U12)
12 - 13 (U14)
Dates: August - October
Days: Various
Cost: Varies depending on date registered
Contact: Bill Lobleby at
kentcountyyouthsoccer@yahoo.com



Youth/Teen School Year Activities

****A Facility Access Card is required for all patrons 10+ who are participating in or attending activities held at the Community Center****



Elem. After School Program

Ages: Kindergarten - 5th grade
Dates: First day of school to last full
day of school
Days: Monday - Friday
Time: School dismissal to 6 pm
Place: Garnett, Galena,
Millington, Rock Hall, and Worton
Elementary Schools
Cost: \$60 per month

Are you looking for a fun, safe, structured environment for your children after the school day? Parks and Recreation offers an after school program designed for school age children that includes arts and crafts, educational themes, homework time, sports and recreational activities. Spaces fill quickly! Call 410-778-2083 or email info@KentParksAndRec.org for more information.

Tots of Fun (Access Card Required)

Ages: Preschoolers
Dates: Beginning October 4th
Days: Tuesdays & Thursdays
Times: 10 am - 11:30 am
Place: Community Center
Cost: Free!



Need to get the little ones out of the house during these chilly months? Join other parents and children for drop in play time for preschoolers! It is the perfect opportunity to promote socialization, sharing, and fun! Some balls and scooters are provided but please feel free to bring your own indoor toys. Call 410-778-2083 or email info@KentParksAndRec.org for more information.



Introduction to Ballet, Jazz and Tap (Access Card Required)

Ages: 5 - 12
Dates: September 27th - November 29th
Days: Tuesdays
Time: Kinder Ballet (ages 5-7),
6:45 pm - 7:30 pm
Primary Ballet (ages 8-12),
7:30 pm - 8:30 pm
Place: Community Center
Cost: \$50 per dancer
(plus recital costume)

Uniform: Black leotard, pink tights, pink or black ballet shoes, tap shoes

Pending an instructor
Swan Princesses and Billy Elliott's unite! Students will be introduced to the world of ballet, jazz, and other dance genres as well as learn a variety of basic steps such as shuffle dig, heel drops, and top taps. Call 410-778-2083 or email info@KentParksAndRec.org for more

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If you are interested in teaching other youth activity classes (Dance, Drawing/Painting, etc) please call the Parks and Recreation office as soon as possible.

High School Age Drop-In Recreation Center (Access Card Required)

Ages: High School Age Students Only
Dates: First day of school to last full day of school
Days: Monday - Friday (when school is in session-full days only)
Time: 2:45 pm - 5 pm
Place: Community Center
Cost: Free for Facility Access Card holding students

School's over, but you're not ready to go home yet? Come to the Community Center for some open gym time and bring your friends! The following amenities are also available for your enjoyment:

- ⇒ Computer lab with internet access (black/white printing for a nominal fee)
- ⇒ Wireless internet throughout the building
- ⇒ Lobby games including foosball, air hockey, and ping pong
- ⇒ Multi-purpose room for serious fitness training
- ⇒ Large flat screen T.V. in the lobby
- ⇒ Chairs and tables for socializing



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Special Events and Bus Trips!

New York City-Day on Your Own!

Date: October 15th
 Day: Saturday
 Location: St. Patrick's Cathedral, New York
 Time: Departure 6 am
 Return approximately 11 pm
 Cost: \$50 per person



Call 410-810-5948 or email info@KentParksAndRec.org for more information.

Bus Trip Refund and Cancellation Policy

Refunds not issued unless the trip is full and we are able to resell your ticket. All bus trips require a minimum of 35 paid reservations at least two weeks prior to the trip date, otherwise the trip will be cancelled and refunds issued.

Santa's Workshop

Ages: 12 and under
 Date: December 3rd
 Day: Saturday
 Time: 1 pm - 4 pm
 Place: Community Center
 Cost: \$7 if registered by 4:30 pm, November 22nd
 \$9 if registered after early registration



Children and families will love to participate in this seasonal gathering featuring Santa! Come enjoy crafts, refreshments, and don't forget your list! All crafts, refreshments, and pictures with Santa are included in the cost. Call 410-810-5948 or email info@KentParksAndRec.org for more information.

Scott D. Livie Memorial Blue Crab Grand Masters Lacrosse Tournament

Date: September 17th and 18th
 Days: Saturday and Sunday
 Place: Worton Park
 Cost: Free for spectators
 \$550 team entry fee



Bring the family and join us for a weekend of live action sports competition! Call 410-778-1957 or email info@KentParksAndRec.org for more information.

Volunteering - The Benefits are Endless

Kent County Parks and Recreation is seeking volunteers for youth, adult, and senior programs. What a wonderful opportunity to be a positive influence in the lives of our impressionable youth and show our senior population how much you care. Call 410-778-1948 or email info@KentParksAndRec.org for more information about volunteering.

Weather Cancellation Hotline
 410-810-3755

Certification Courses

Pre-registration required. Walk-ins not accepted.

Maryland Safe Boater

Ages: 12 and Older
 Dates: October 10th, 11th, & 13th
 Days: Mon., Tues., & Thurs.
 Time: 6 pm - 9 pm
 Place: Community Center
 Cost: \$25 per person

Sign up today, space is limited to 20! Minimum of 10 participants by September 30th. Call 410-810-5955 or email info@KentParksAndRec.org for more information.



CPR/First Aid

Dates: October 15th, January 21st
 Day: Saturday
 Time: 9 am - 12 pm, CPR
 1 pm - 4 pm, First Aid
 Place: Community Center
 Cost: \$22 per person per class



Sign up today, space is limited to 20 participants per class! A minimum of 10 participants must be enrolled ten business days before the course date in order to hold the class. Sign up for one class or both, the choice is yours. Call 410-810-5955 or email info@KentParksAndRec.org for more information.



For You...



Night Hikes with Wayne Gilchrest

Ages: All
 Dates: October 7th and 21st
 Day: Friday
 Time: 6 pm - 9 pm
 Place: Sassafras Natural Resources Management Area (near Turner's Creek)
 Cost: \$10 - Ages 13 and Older
 \$5 - Ages 12 and Under



This 1,000 acre state park is a beautiful landscape of vast agricultural fields, old growth forests, stately bluffs above the Sassafras River and an abundance of wildlife. In partnership with the Sassafras Environmental Education Center the hike is designed for all ages and can be accommodated to meet any handicap need. The hike will start at sunset above the glistening Sassafras River and continue until the sky, an outdoor planetarium, is filled with stars. The chorus of night sounds will captivate your imagination and make you feel like part of the mystery of nature. Call 410-778-2083

Walk the Gym (Access Card Required)

Ages: Adult
 Dates: October 17th - April 25th
 Days: Monday and Wednesday
 Time: 8:30 am - 10:30 am
 Place: Community Center
 Cost: Free



Walking is a low impact form of exercise. During the cold winter months walking for exercise can be tedious. We have just what you are looking for. Come to get out of the cold and walk our state-of-the-art gymnasium and stay happy and healthy all winter long. Call 410-778-2083 or email info@KentParksAndRec.org for more information.



Come see the newest addition to our Multipurpose Room and incorporate our treadmill in your daily workout.

A Facility Access Card is required for all patrons ages 10+ participating in or attending activities at the Community Center.

Kent County Community Center

A Facility Access Card is required for all patrons 10+ who are utilizing the new Kent County Community Center. For larger public events (tournaments, rentals, etc.) patrons who do not have an access card will be required to sign-in manually.

Building Information

The Community Center will be **CLOSED** the following dates:

September 2nd
September 5th
November 23rd
November 24th
November 25th
December 23rd
December 24th
December 26th
January 2nd

The building will be open for public use as follows:

May 1st - October 31st

Sunday Closed
Monday - Saturday 8:30 am - 6 pm

November 1st - April 30th

Sunday Closed
Monday - Friday 8:30 am - 9:30 pm
Saturday 8:30 am - 6 pm

Administration Hours

8:30 am - 4:30 pm



*The facility will be utilized as a high school age drop-in recreation center from 2:45 pm - 5 pm during the school year (late August - mid June).



Facility Access Cards

(Card will expire one year from date of purchase)

Access Card Fees

In-County Rates		Out-of-County Rates	
Ages 10 - 21	\$5	Ages 10 - 21	\$10
Adults	\$10	Adults	\$20
Seniors 55+	\$5	Seniors 55+	\$10

Replacement Card Fees

In-County Rates		Out-of-County Rates	
Ages 10 - 21	\$10	Ages 10 - 21	\$20
Adults	\$20	Adults	\$40
Seniors 55+	\$10	Seniors 55+	\$20

FAMILY PLANS

(must reside in the same **Kent County** household)
Family of 4 \$25
Each additional family member \$3
(discount only given if purchased in a single transaction)

ORGANIZATION PLANS

(Kent County care based organizations)
Maximum of 15 attendees per visit \$45
Attendance must be during public hours
Must call ahead to confirm drop-in availability
Must provide an attendance sign-in sheet naming attendees

Inclement Weather Announcement Policies

- Weather closing information and general announcements are posted on the **Parks and Recreation home page bulletin board at www.KentParksAndRec.org and our **Weather Cancellation Hotline at 410-810-3755 (usually no later than 7:30 am the day in question when weather related)**. Whenever possible (we will do our best, but can't guarantee this will always happen), a courtesy email will be sent to individuals who have provided an email address for announcements and notifications. If you do not receive an email and weather is questionable, please visit our website homepage or call the Weather Cancellation Hotline. To be added to our email list please send an email to info@KentParksAndRec.org and request to be added.**
- School Year (September - May):** In general, if Kent County Public Schools (KCPS) are closed, close early, or cancel evening programs, all programs at the public school sites are closed. Kent County Parks and Recreation (KCPR) youth programs at the Kent County Community Center (KCCC) and KCPR facilities are closed when county facilities remain *open. In general, KCCC will be open to the public on a drop-in basis when Kent County Government offices are open, however the operating schedule may be adjusted as needed as weather conditions warrant or in case of emergencies. If Kent County Government offices have a delayed opening or liberal leave is in effect, morning programs are closed. If KCPS are one hour or 90 minutes late, morning programs will be open. If KCPS are two hours late, morning programs will be closed. These general policies do not necessarily apply to programs offered by private vendors (please refer to program description) at KCCC as they determine their opening and closing schedules when KCCC remains *open on a normal operating schedule.
- *All programs are closed when the Snow Emergency Plan or State of Emergency Plan is in effect.
- Weekend/Summer:** In general, announcements for weekend and/or summer programs and events held at the KCCC or a KCPR facility are posted by 8 am on the day in question. Decisions for programs with a start time before 8 am will be posted by 10 pm the night before.





Our Mission

Creating balanced opportunities for our patrons to play, learn and grow through our programs and parks.