#### County Commissioners of Kent County, MD \* Department of Parks and Recreation

11041 Worton Rd, P.O. Box 67, Worton MD 21678 \*info@kentParksAndRec.org

\* KentParksAndRec.org\* Facebook.com/KentParksANDRecMD\* Facebook.com/KentCountyCommunityCenter

#### Youth Sports Registration

#### CO-ED Hoop Jam, Youth Basketball, Jr. Wresting, Road Runners Club, Youth Softball

# Registration Open August 1<sup>st</sup>/January 2<sup>nd</sup> (Softball & Road Runners Club) \$10 Late Fee after Registration Deadline – NO EXCEPTIONS NO REGISTRATIONS ACCEPTED AFTER OCTOBER 31st – NO EXCEPTIONS (For Fall/Winter Sports)

<u>14 - 17 Year-Old League:</u> Practices days vary and are subject to change once teams are formed **Cost:** \$75 (resident) \$85 (non-resident). After Oct. 20<sup>th</sup> \$85 (resident) \$95 (non-resident)

Girls & Boys Youth Basketball: Ages 8-13 Days vary beginning week of November – February

Cost: \$75 (resident) \$85 (non-resident). After Oct. 20th \$85 (resident) \$95 (non-resident)

Co-Ed Hoop Jam: Ages 6-7 Tuesday & Thursdays beginning November 8th from 5:30pm - 6:15pm at KCCC

Cost: \$75 (resident) \$85 (non-resident)

<u>Jr. Wrestling:</u> *Grades K-8* Tuesdays and Thursdays beginning November 1<sup>st</sup> at KCCC 5:15pm – 7:15pm Wednesdays KCHS 5pm –

7pm

Cost: \$75 (resident) \$85 (non-resident)

**Road Runners Club:** *Grades 5-12* April - May from 5:30 pm - 6:30 pm Mondays & Wednesdays at KCHS Stadium & Saturdays 8:00am - 9:00am at Wilmer Park **Cost:** \$25 (resident) \$30 (non-resident).

**Youth Softball:** *Grades 1-9* April - June Days vary at Worton Park

**Cost:** \$85 (resident) \$95 (non-resident). After February 25<sup>th</sup> \$95 (resident) \$105 (non-resident)

#### Applying for a Scholarship?

Maximum Scholarship award for non-childcare programs is half of the registration. Scholarship awards are from September 1 – August 31 each year unless a program in which your child is enrolled ends after August (in this case the scholarship will expire at the end of the program). A new scholarship application and new supporting documentation are required each award year.

<u>One</u> scholarship <u>application</u> per family is required <u>per year</u> for all children eligible to participate in Kent County Parks and Recreation programs who live in the household.

If applying for a scholarship, half of the registration fee is due at the time of registration, along with the Scholarship Application and <u>ALL</u> required supporting documentation.

Notice: Program registration fees are not accepted at school sites. All payments must be made by mail, in person at the Kent County Community Center, or online <a href="http://apm.activecommunities.com/kentparksandrec/Home">http://apm.activecommunities.com/kentparksandrec/Home</a> You will be required to create an account if you do not already have (never registered online for a Kent County Parks and Recreation Program before), then follow the easy steps to register for a program.

## <u>Youth Basketball/Rookie League Group Practice Schedules</u> \* Practice Days /Times/Location subject to change once teams are formed\*

Kent County M.S.	H.H. Garnett E.S.	Rock Hall E.S.	Galena E.S.	KCCC
Monday & Wednesday 1 <u>0-11 Boys</u> @ 5:30 pm 1 <u>0-11 Girls</u> @ 6:30 pm	,	be determined once	Practice Schedule will be determined once teams are formed	Tuesday & Thursday  Co-Ed Hoop Jam @ 5:30 pm
Fuesday & Thursday 12-13 Girls @ 5:30 pm 12-13 Boys @ 6:30 pm	Tuesday & Thursday 14 -17- year-old @ 5:45 pm			

#### County Commissioners of Kent County, MD \*Department of Parks and Recreation **Youth Sports Registration**

#### CO-ED Hoop Jam, Youth Basketball, Jr. Wresting, Road Runner Club, Youth Softball

Please note that this may be the initial registration form, and depending on the program, additional forms may be required. Your spot will be held pending the completion of the additional forms (if applicable).

#### Registration Policies:

Please complete one (1) registration form for each participant and mail with payment, or for a nominal fee, register online at KentParksAndRec.org or register in person at the Community Center (no form required).

If any part of the Registration Fee is retained by the Department, please explain: 7/27/2022

FOR OFFICE USE ONLY Date Received:

Time Received:

Time Received.	
Staff Initials:	

2. Res 3. Res 4. Res 5. We	gistration mu gistration is a funds for all p e reserve the r	st be comp ccepted on programs a right to can	leted in its entired a first come first re subject to a \$5 cel or alter progra	ty to be accepted. served basis. processing fee and ams that do not me	l may take up et registration	to two (2) wee requirements.	eks to proce	Time Staff I	Received:	
<u>If mai</u>	ling registratio	on, please fo	rm with payment t	o: Kent County Par	ks and Recreation	on, 11041 Wort	on Rd, P.O.	Box 67, Wor	ton, MD 21	<u>1678</u>
Participa	ant First & Las	t Name / Nic	ck Name (if any):					/		
M/F:	Age:	Grade:	Date of Birth:	/ / Em	ail:					
Doron	t/Guardian Ful		nnlicable):		(Very impor	tant to be able to	contact you	with updates -	please print	clearly)
		·								
Paren	t/Guardian Ful	l Name (if a	pplicable):							
Physi	cal and Mailing	g Address:	_							
City,	State:							Zip:		
Home	e Phone:			Work Phone:			Cell Phone	,.[		
				WOLK I HOLE.			Cen i none	··		
	gency Contact/ ionship:					Phone Nur	nber:			
	ical/Health I	nformatio	<u>n</u>							
Does Does	the participa	nt take any nt have any		Γ	,			ma Haant C	on ditions.	
Ear In	nfections, Fe	vers, etc.)?			Group/P	olicy#:				requent
Fee:	\$			ney Order payabl				•		$\neg$
				st accompany regist ation and all require						
Please 1	list two (2) pe	rsons, othe	t be provided in than the parent/		ou during pro		P	hone Numbe	ers	
Emerge	ency Contact	#2 Name:_								
I recogniz agreemen liabilities illness, in Claims pi	ze the risks of ill at and understand a, expense or judg ajury, or death re- roximately cause	ness and injur ling that I am gment, includi sulting there f d by the gross	Name y in any exercise/phy hereby waiving and a ng attorney's fees an from and hereby agree s negligence or willfu	vsical fitness or educati releasing Parks and Red d court costs (herein, c e to indemnify and hold il misconduct of Parks purpose of archives and	creation, it's office ollectively "claim I harmless the Par and Recreation. In	am participating ers, directors, emp s") arising out of ks and Recreation	in the Parks a ployees, and a my participat n Department	gents from any ing in the afores from and again	orogram upon and all claim said course/ac st all such Cl	ns, costs, ctivity or an aims except
	ant Signature		Date			ent/Guardian Si				
Amount	Paid: \$	D	ate:	<i>FOR O</i> . Cash/Check #: _	FFICE USE (	<i>ONLY</i> Staff Initials:	(	Conf date:		
	ship:			Date entered in A						
Date Wi	thdrawal Form	Received:_		Refund Date (if app	licable):	Office M	Ianager Initia	als:		

Date Refund Submitted to Finance Department:

### County Commissioners of Kent County, MD \*Department of Parks and Recreation Health History Form

\*This form is required. Please type or print clearly\* REGISTRATION WILL BE DELAYED IF INFORMATION IS INCOMPLETE.

		Par	ticipant's Name:					
Child's Physician:								
Na	ame					Phone		
Has participant experienced	l any of	the fo	llowing?					
Туре	Yes	No	Туре	Yes	No	Туре	Yes	No
Eating Disorder			Menstruation Problems			Frequent Earaches		
Sleeping Disorder			Bowel/Bladder Disorder			Asthma		
Posture Problems			Eye Problems			Diabetes		
Dental Problems			Wear Glasses or Contacts			Anemia		
Skin Problems			Hearing Difficulties			Speech Problems		
Allergies			If yes, explain:	•				-
Illness/Disability			If yes, explain:					
Behavioral Problems	If yes, explain:							
Currently taking Medicine	If yes, explain:							
Medical Insurance Carrier:				G	roup/P	olicy #:		
Parent/Guardian Name:			Home #	#Work #:				
Emergency Contact #1 Name: Name		Re	elationsh	ip to C	hild Phone N	umbers		
Emergency Contact #2 Name								
Name **Emergency contacts must also be listed separately on pick up A				elationsh				
The above health history is corre except as noted. Authorization f treatment, and necessary transpo	or treatmentation for treatmentation for secure an	best of a ent: I he r my ch	my knowledge, and the person he ereby give permission to the mediald. In the event that I cannot be inster treatment, including hospital	erein descr ical persor reached in	ribed ha nnel sele an eme	s permission to engage in all pected by the camp director to o ergency, I hereby give permiss	rescribed can rder x-rays, re ion to the phy	outine test vsician
						/		
Parent/Guardian Signature						Date		

\*IF YOU CAN NOT SIGN THIS FORM FOR RELIGIOUS REASONS YOU MUST PROVIDE A SIGNED LEGAL WAIVER WITH THIS FORM.

# County Commissioners of Kent County, MD \*Department of Parks and Recreation Academic Requirement and Expectations Acknowledgement

#### **Participant**

As a participant in Kent County youth sports, I understand the importance of school and that playing sports is a privilege to be earned, not a right freely given. I understand that quality performance in the classroom, both academically and behaviorally, is a condition for eligibility in Kent County youth sports. I will work with Kent County Parks & Recreation and my coach to uphold myself to the standards as set forth in the following criteria:

- A grade point average of 2.0/70% or higher
- Continued attendance in school without suspension or other serious disciplinary action

	•	-		eating in sports until such a time ty Parks & Recreation in this		
Participant Signature			Date			
Parent/ Guardian						
sports is a privilege to be e classroom, both academica will work with Kent Count standards as set forth in the • A grade point avera	arned, not a right freely lly and behaviorally, is a y Parks & Recreation a	given. I unde a condition fo nd the team co	erstand that quere eligibility in oach to upho	n Kent County youth sports. I ld my child/participant to the		
I also understand that a suspension from school is a suspension from participating in sports until such a time that my child/participant is reinstated in school and I will inform both the head coach and the league administration of such suspensions. I will work in full cooperation with Kent County Parks & Recreation in this matter.  Parent/Guardian Signature  Date						
Youth Basketball Location						
(Please circle one)						
Kent County M.S.	H.H. Garnett E.S.	Rock	k Hall E.S.	Galena E.S.		
All Sports: Shirt/ Tank Style Shirt Size:  Please Specify Youth or Adult  (Circle One)						
<u>YOUTH:</u> Small (	6-8) Medium (	(10-12)	Large (14-	-16)		
<u>ADULT:</u> Small	Medium	Large	XL	* Other (Size) * Additional cost may apply		
Jr. Wrestling/	Road Runner Club Leve	l of Experienc	<u>ce</u> (Circle one)			
Beginner (0-1 years)	Novice (1-2 years)	Experience	d (2-3 years)	Advanced (4+ years)		

### County Commissioners of Kent County, MD \*Department of Parks and Recreation Youth Sports Waiver, Release of Liability and Uniform Policy

### Please Read BEFORE Signing

In consideration of being allowed to participate in any way in Kent County Parks & recreation youth sports programs, related events and activities, the undersigned acknowledges, appreciates and agrees that:

- 1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; AND
- 2. I KNOWINGLY AND FREELY ASSUME ALL RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; AND
- 3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring the hazard to the attention of the nearest official immediately; AND
- 4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS KENT COUNTY PARKS & RECREATION, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event ("RELEASES"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

#### For Participants of Minority Age

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all Releases, and for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releases from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE.

#### **Photo Consent**

My signature also reflects my permission for my child to be photographed or videotaped for the purposes of advertising and archives for Kent County Parks & Recreation.

#### Uniform Return/Replacement Policy

Basketball – The basketball uniform for league play is part of the registration cost and yours to keep after the season has concluded. However, if for any reason your uniform is lost, stolen, ordered wrong size or damaged beyond repair during the playing season; a replacement fee will be charged for a replacement. A regulation uniform must be worn in order to be eligible to play in any league game or contest.

Wrestling - The wrestling singlet uniform is the property of the Kent County Parks and Recreation Department. Uniforms will be issued at the start and collected at the end of the season. Participants are responsible for the care and cleaning of this uniform. Failure to return your uniform at the end of the season will result in you being charged the full replacement cost of the uniform.

Track and Field - The track and field uniform is the property of the Kent County Parks and Recreation Department. Uniforms will be issued at the start and collected at the end of the season. Participants are responsible for the care and cleaning of this uniform. Failure to return your uniform at the end of the season will result in you being charged the full replacement cost of the uniform.

Failure to comply with these standards may result in disciplinary actions by the following organizations:

**City of Annapolis** 

**Anne Arundel County** 

**Arlington County** 

**City of Baltimore** 

**Baltimore County** 

City of Bowie

Cit

Mary

M

Qu

S

Ci

City of Westminster

**Worcester County** 

### **County Commissioners of Kent County, MD Department of Parks and Recreation Youth Sports Code of Conduct**

As a Player, I understand that I must follow these rules to stay in good standing:

- 1. Respect the game, play fairly and follow rules and regulations
- Show respect for authority to the officials of the game and of the league
- 3. Demonstrate good sportsmanship before, during and after the game
- 4. Will not post or communicate content that would harm KCPR or KCPR's reputation on Social Media
- 5. Be courteous to opposing teams and treat all players and coaches with respect
- 6. Be modest when successful and gracious in defeat
- 7. Respect the privilege of the use of public facilities
- Refrain from the use of drugs, tobacco, alcohol and abusive language

Calvert County	Name:	Signature:	Date:
Charles County	models for	at/Guardian, I recognize that parents/guatheir children, and that sports help to devo	elop a sense of teamwork, self-worth
City of Frederick	•	manship. As such, I agree to abide by the f	
ty of Gaithersburg	co	courage good sportsmanship by demonstrating aches, fans and officials, at practices and other ace the well-being of my child before a person	er sporting events
City of Greenbelt		lvocate a sports environment for my child tha usive language, and refrain from their use du	
Harford County	4. Er	courage my child to play by the rules and response and officials	
Howard County		ill not post or communicate content that would cial Media	d harm KCPR or KCPR's reputation on
Kent County	6. Be	responsible for my own behavior and	also for the behavior of family members
Pland National Capital Park & Planning Commission	As a Coach participan	Signature:  , I recognize that coaches are role models involved in the activity, and that sports has sportsmanship. As such, I agree to abide	for their team members & all elp to develop a sense of teamwork,
ontgomery County	1. Pl	ace the emotional and physical well-being of	•
Ocean City		sire or external pressure to win ill not post or communicate content that would	l harm KCPR or KCPR's reputation on
ueen Anne's County	Sc	cial Media ad by example by demonstrating fair play and	-
City of Rockville	4. Pr	ovide a sports environment for my team that is d abusive language and refrain from their use	s free of drugs, tobacco, alcohol
St. Mary's County	5. Re 6. Be	spect the game and league officials and comr knowledgeable of the league rules and regula	nunicate with them in an appropriate manner.
ity of Takoma Park	7. Er	yers on my team  courage my team members to play by the leag	gue rules and respect the rights of other
Talbot County	8. Be	yers, coaches, fans and officials responsible for my own behavior and for the	behavior of my team members,
U.S. Lacrosse	tne	ir parents and fans	
	Name:	Signature:	Date:



## - Equipment Requirement -

Kent County Youth Softball is concerned about player safety and will continue the following equipment policy.

<u>Facemask Policy</u>: All Players will be required to wear an approved Softball Facemask while they are actively participating on the field during a game.

Players that are not wearing Facemask protection will be removed from the game and will not be allowed to participate in the game until the next inning of play. That player will only be allowed to return with a Facemask on.						
Refusal to wear Facemask protection will result in the ejection from the game. If the Player refuses to wear a Facemask during a second game, that player will be removed from the team for the balance of the season. Registration monies will not be refunded.						
Acknowledgement:						
Player:						
Name:	Signature:	Date:				
Parent/Guardian:						
Name:	Signature:	Date:				
Name:	Signature:	Date:				
Program Coordinator:						
Name:	Signature:	Date:				

# PARENT & ATHLETE CONCUSSION INFORMATION SHEET



#### WHAT IS A CONCUSSION?

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

## WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports one or more symptoms of concussion after a bump, blow, or jolt to the head or body, s/he should be kept out of play the day of the injury. The athlete should only return to play with permission from a health care professional experienced in evaluating for concussion.

#### **DID YOU KNOW?**

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.

## SYMPTOMS REPORTED BY ATHLETE:

- · Headache or "pressure" in head
- · Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- · Sensitivity to light
- Sensitivity to noise
- · Feeling sluggish, hazy, foggy, or groggy
- · Concentration or memory problems
- Confusion
- · Just not "feeling right" or is "feeling down"

#### SIGNS OBSERVED BY COACHING STAFF:

- · Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- · Is unsure of game, score, or opponent
- · Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

[ INSERT YOUR LOGO ]



"IT'S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON"

#### CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- · One pupil larger than the other
- · Is drowsy or cannot be awakened
- · A headache that gets worse
- · Weakness, numbness, or decreased coordination
- · Repeated vomiting or nausea
- · Slurred speech
- · Convulsions or seizures
- · Cannot recognize people or places
- · Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

## WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

- If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.
- 2. Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.
- Remember: Concussions affect people differently. While
  most athletes with a concussion recover quickly and fully,
  some will have symptoms that last for days, or even
  weeks. A more serious concussion can last for months or
  longer.

## WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

STUDENT-ATHLETE NAME PRINTED
STUDENT-ATHLETE NAME SIGNED
DATE
PARENT OR GUARDIAN NAME PRINTED
PARENT OR GUARDIAN NAME SIGNED
DATE

JOIN THE CONVERSATION www.facebook.com/CDCHeadsUp

HEADS UP

TO LEARN MORE GO TO >> WWW.CDC.GOV/CONCUSSION

Content Source: CDC's Heads Up Program. Created through a grant to the CDC Foundation from the National Operating Committee on Standards for Athletic Equipment (NOCSAE).